

DELIVERING
FINE FOOD

CRESSCO





Slow food for a fast world

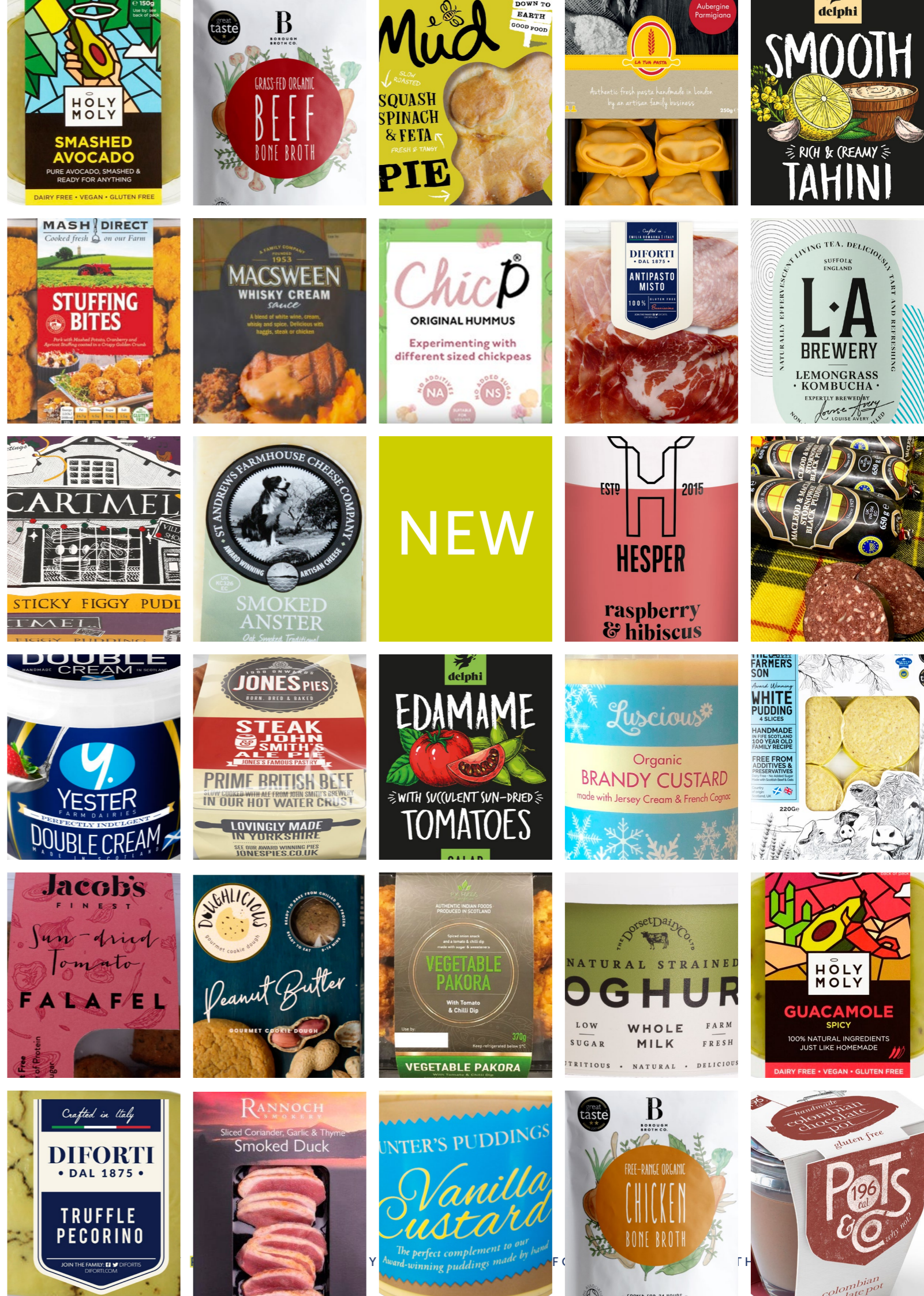
Timeless products
steeped in Greek tradition
from our table to yours

ODYSEA

FEEDING CONVERSATION

www.odyssea.com

READY TO ORDER? 0345 307 3454

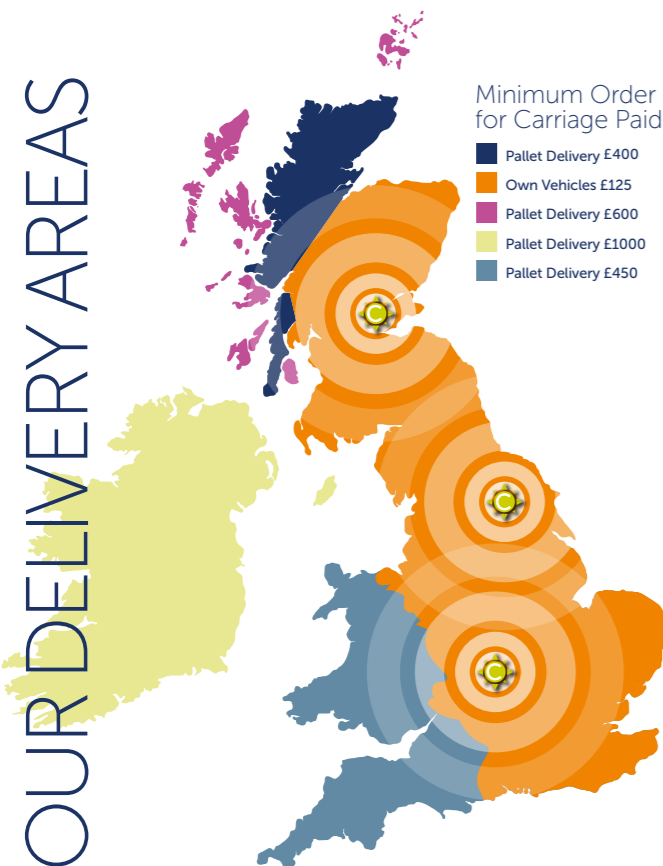


INDEX

Abernethy	70	The Farmers Son - NEW	9
Brindisa	18	The Fresh Sauce Co	33
Borough Broths - NEW	11	Glenilen Farm	60
Cambus O'May Cheese	77	Global Harvest	85
Cartmel	56	Godminster	70
Casademont	20	Golferia	19
Catch	27	Grant's of Speyside	23
Char Coal Cheese	71	Great Glen Charcuterie	21
Charles Macleod	23	Hesper Farm Skyr	63
Cheshire Farm	35	Highland Fine Cheese	77
Chic P	50	Highweald Dairy	74
Co Yo	67	Holy Moly - NEW	5
Connage Highland Dairy	76	Hunter's Puddings	55
Cotswold Pudding Co	57	Inverloch Cheese	71
Cultured Collective	34	Island Smokery	68, 72
Curds & Croust	78	Isle of Mull Cheese	72
Delphi Foods	49	Jacobs Finest Falafel - NEW	8
Devon Cream Co	68	John Ross Jr.	28
Difatti Gnocchi	40	Jones Pies	26
Diforti	47, 79	Katy Rodgers	58
Dorset Dairy - NEW	12	LA Brewery Kombucha - NEW	15
Doughlicious - NEW	13	La Tua Pasta	39
Dunlop Dairy	80	Little Herb Farm	45

Loch Arthur Creamery	69	Ramsay of Carluke	22
Longley Farm	69	Rannoch Smokery - NEW	17
Luscious Organics	62	Really Garlicky Co	51
Luss Smokehouse	30	Rod & Bens	43
Mackenzies Yorkshire Smokehouse	28	Rodda's	66
Macleod and Macleod - NEW	17	Rora Dairy	64
Macsween	24	Roussas Artisan Cheese	82
Mag's & Jen	44	Scotch & Co	25
Mash Direct	36, 37	Seafood & Eat it	29
Mattarello	41	Silver & Green	52
Megic Pizza	38	Silver Tide	32
Moose Maple	54	Snowdonia Cheese Company	73
Mud Pies - NEW	7	St Andrews Farmhouse	75
Mull of Kintyre	80	Stichill Jerseys	69
Nush	67	Taste of Arran	74
Orkney Food Company	29	Thule Ventus Salt Cod	31
Parmareggio	83	Tims Dairy	59
Patchwork	44	Violife	81
PK Foods - NEW	10	Watmuff & Beckett	42
Pots & Co	53	Yester Farm Dairies	65
Previns	33	Yorkshire Dama Cheese	81
Quickes	79		

OUR DELIVERY AREAS



Minimum Order for Carriage Paid

- Pallet Delivery £400
- Own Vehicles £125
- Pallet Delivery £600
- Pallet Delivery £1000
- Pallet Delivery £450

Chill deliveries outside our delivery area (orange) can be accommodated by agreement. Contact the office for more information

Chiller Items F.A.Q's

- Q - Is there a minimum order for Chilled items?**
A - No MOQ on chilled as long as your total order value is £125+
- Q - Some lines are marked as Pre Order (PO), when will I receive these items?**
A - If you order Pre Order (PO) items by noon on Monday, they will be ready for delivery on Thursday, you will get them on your next delivery day after this with your main order.
- Q - Can I get a discount if I buy higher quantities?**
A - Yes, you will get a 5% discount on all chilled retail when 6 or more of the same product are ordered. Where products are sold in cases, the discount is applied when 6 or more cases are ordered.

ready to order?
 contact the team in the office 0345 307 3454
www.thecressco.co.uk



READY TO ORDER? 0345 307 3454

Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
Holy Moly (dairy & gluten free, vegan)						
GF Guacamole Original - NEW	S	MOL/001	1 x 150g	single	2.12	2.01
GF Guacamole Spicy - NEW	S	MOL/002	1 x 150g	single	2.12	2.01
GF Breakfast Avocado (Sun-ripened Avocado, Fresh Diced Tomato, Lime, Salt & Black Cracked Pepper) - NEW	S	MOL/003	1 x 150g	single	2.12	2.01
GF Smashed Avocado - NEW	S	MOL/004	1 x 150g	single	2.12	2.01



NEW

WORSHIP THE DIP

100% NATURAL. JUST LIKE HOMEMADE.

Introducing a new range of sin-free guacamole and the UK's first smashed avocado dips.

Our sun-ripened Hass avocados are handpicked and hand scooped in the heart of rural Mexico, it's a labour of love, but the end result is worth it.

Facebook, Instagram, Twitter icons

@holymolydips holymolydips.com

NO NASTIES • DAIRY FREE • GLUTEN FREE • VEGAN • NO ADDED SUGAR • KOSHER

NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

GET ANY **PRE ORDERS** TO US BY NOON ON MONDAY FOR DELIVERY FROM THURSDAY



Mud



DOWN TO EARTH GOOD FOOD

MULTI AWARD WINNING ARTISAN PIES

56 NATIONAL AND GREAT TASTE AWARDS IN 5 YEARS!



WWW.MUDFOODS.COM



Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
MUD Foods						
Artisan Pie Range			PO** recommended for deliveries arriving Thursday & Friday only			
Steak & Ale Pie - NEW	PO**	MUD/001	1 x 220g	single	2.95	2.80
Steak & Stilton Pie - NEW	PO**	MUD/002	1 x 220g	single	2.95	2.80
Steak & Kidney Pie - NEW	PO**	MUD/003	1 x 220g	single	2.95	2.80
Chicken, Ham & Leek Pie - NEW	PO**	MUD/004	1 x 220g	single	2.95	2.80
Lamb, Redcurrant & Rosemary Pie - NEW	PO**	MUD/005	1 x 220g	single	2.95	2.80
Mushroom & Asparagus Pie - NEW	PO**	MUD/006	1 x 220g	single	2.95	2.80
Game Pie - NEW	PO**	MUD/007	1 x 220g	single	2.95	2.80
Squash, Spinach & Feta Pie (V) - NEW	PO**	MUD/008	1 x 220g	single	2.95	2.80
Vegan Pie - NEW	PO**	MUD/009	1 x 220g	single	2.95	2.80
Squiches (Square Quiches) Deli Quality			PO** recommended for deliveries arriving Thursday & Friday only			
Red Onion Marmalade & Brie Quiche - NEW	PO**	MUD/010	1 x 250g	single	3.05	2.90
Roasted Mediterranean Vegetables & Feta Quiche - NEW	PO**	MUD/011	1 x 250g	single	3.05	2.90
Quiche Lorraine Classic Recipe - NEW	PO**	MUD/012	1 x 250g	single	3.05	2.90



NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

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NEW

Jacob's

F I N E S T



Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
Jacob's Finest						
Falafel Retail Pack						
GF Original Recipe Falafel - NEW	PO	JAC/001	12 x 180g	case	17.95	17.05
GF Sun-Dried Tomato Falafel - NEW	PO	JAC/002	12 x 180g	case	17.95	17.05
GF Olive Falafel - NEW	PO	JAC/003	12 x 180g	case	17.95	17.05
GF Falapple™ Apple Falafel - NEW	PO	JAC/004	12 x 180g	case	17.95	17.05
Mixed Case GF (4 Original, 3 Tomato, 3 Olive, 2 Apple) - NEW	PO	JAC/005	12 x 180g	case	17.95	17.05
Falafel 1kg Food Service						
GF Original Recipe Falafel - NEW	PO	JAC/010	6 x 1kg	case	45.00	42.75
GF Sun-Dried Tomato Falafel - NEW	PO	JAC/011	6 x 1kg	case	46.50	44.18
GF Olive Falafel - NEW	PO	JAC/012	6 x 1kg	case	46.50	44.18
GF Falapple™ Apple Falafel - NEW	PO	JAC/013	6 x 1kg	case	46.50	44.18

Jacob's

F I N E S T

Flavours Available

- Original Recipe
- Apple
- Sun-Dried Tomato
- Kalamata Olive



www.jacobsfinest.co.uk | @Jacobs_Finest | @JacobsFinestFalafel

READY TO ORDER? 0345 307 3454

NEW

THE FARMER'S SON

Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
The Farmers Son						
4 Slice Packs						
Scottish Black Pudding 4 Slices - NEW	PO	FAR/001	1 x 220g	single	2.33	2.21
Scottish White Pudding 4 Slices - NEW	PO	FAR/002	1 x 220g	single	2.33	2.21
Scottish Haggis 4 Slices - NEW	PO	FAR/003	1 x 220g	single	2.33	2.21
220g Chubb						
Scottish Black Pudding 220g Chubb - NEW	PO	FAR/004	1 x 220g	single	2.33	2.21
Scottish White Pudding 220g Chubb - NEW	PO	FAR/005	1 x 220g	single	2.33	2.21
Scottish Haggis Chubb 220g Chubb - NEW	PO	FAR/006	1 x 220g	single	2.33	2.21
454g Bung						
Traditional Scottish Haggis 454g Bung - NEW	PO	FAR/007	1 x 454g	single	4.09	3.89



THE FARMER'S SON

Award Winning
BLACK PUDDING
WHITE PUDDING
HAGGIS

EXPERTLY HANDCRAFTED
100 YEAR OLD
FAMILY RECIPE
with all natural ingredients

**FREE FROM
ADDITIVES &
PRESERVATIVES**
Dairy Free • No added Sugar
Made with Scottish Beef & Oats

Product of Scotland
Thefarmersson.com
Clentrie Farm, Auchtertool, Fife



As seen on TV



GET ANY PRE ORDERS TO US BY NOON ON MONDAY FOR DELIVERY FROM THURSDAY

NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

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NEW



P.K. FOODS
GLASGOW LTD

Name	Stock/ Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
PK Foods						
Restaurant Style Pakora & Bhaji			PO** recommended for deliveries arriving Thursday & Friday only			
Chicken Pakora with Tomato & Chilli Dip - NEW	PO**	PKF/001	1 x 380g	single	3.55	3.37
Vegetable Pakora with Tomato & Chilli Dip - NEW	PO**	PKF/002	1 x 370g	single	2.00	1.90
Haggis Pakora - NEW	PO**	PKF/003	1 x 190g	single	2.15	2.04
Mixed Pakora (Chicken Pakora, Veg Pakora, Tomato & Chilli Dip)- NEW	PO**	PKF/004	1 x 375g	single	3.15	2.99
Onion Bhaji - NEW	PO**	PKF/005	1 x 350g	single	2.00	1.90



Fresh Handmade Pakoras

P.K.Foods Glasgow Ltd is a family business with nearly twenty years of experience in creating handmade authentic Indian foods.

We know you demand perfection, that is why we only use the finest spices and freshest ingredients to create our delicious handmade pakoras.



Dare to be different...

P.K. FOODS
GLASGOW LTD

Name	Stock/ Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
Borough Broths						
Free-Range Organic Chicken Bone Broth - NEW	PO	BBR/001	1 x 324g	single	3.75	3.56
Grass-Fed Organic Beef Bone Broth - NEW	PO	BBR/002	1 x 324g	single	3.75	3.56
Grass-Fed Organic Lamb Bone Broth - NEW	PO	BBR/003	1 x 324g	single	4.04	3.84
Organic Chicken Pho Broth - NEW	PO	BBR/004	1 x 500g	single	4.31	4.09
Organic Apple, Miso & Seaweed Broth - NEW	PO	BBR/005	1 x 324g	single	3.32	3.15



NEW



**BOROUGH
BROTH CO.**



B BOROUGH BROTH CO.

24-HOUR COOKED ORGANIC BONE BROTHS

great taste
PRODUCER

SOIL ASSOCIATION
ORGANIC

Award-Winning Taste
High in Protein
High in Collagen
Certified Organic
Free-Range

GET ANY **PRE ORDERS** TO US BY NOON ON MONDAY FOR DELIVERY FROM THURSDAY

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NEW

THE Dorset DairyCo

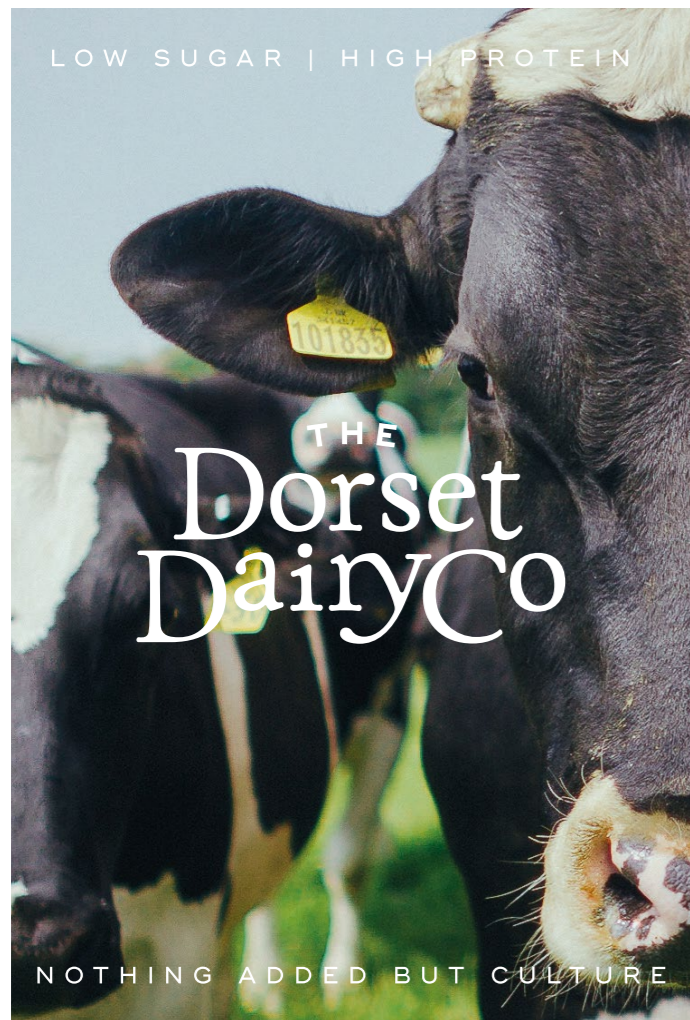
Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
The Dorset Dairy - Available from 13th November						
Natural Strained Whole Milk Yoghurts						
Whole Milk Yoghurt 180g - NEW	S	DDC/001	6 x 180g	case	6.35	6.03
Whole Milk Yoghurt 500g - NEW	S	DDC/002	3 x 500g	case	7.70	7.32
Natural Strained Fat Free Yoghurts						
Fat Free Yoghurt 180g - NEW	S	DDC/003	6 x 180g	case	6.35	6.03
Fat Free Yoghurt 500g - NEW	S	DDC/004	3 x 500g	case	7.70	7.32



Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
Doughlicious						
Gluten Free Cookie Dough						
GF Chocolate Chip Cookie Dough - NEW	S	DOU/001	6 x 200g	case	17.40	16.53
GF Double Chocolate Cookie Dough - NEW	S	DOU/002	6 x 200g	case	17.40	16.53
GF Peanut Butter Cookie Dough - NEW	S	DOU/003	6 x 200g	case	17.40	16.53
GF Matcha & White Chocolate Chip Cookie Dough - NEW	S	DOU/004	6 x 200g	case	17.40	16.53
GF Vegan Chunky Oat Chocolate Chip Cookie Dough - NEW	S	DOU/005	6 x 200g	case	17.40	16.53
Mixed Case (4 x GF choc chip, 4 x GF double choc, 4 x GF peanut butter) - NEW	S	DOU/006	12 x 200g	case	34.80	33.06



LOW SUGAR | HIGH PROTEIN



THE Dorset DairyCo

NOTHING ADDED BUT CULTURE



Dorset's answer to Greek yoghurt

READY TO BAKE | NO ADDITIVES OR PRESERVATIVES | FINEST INGREDIENTS
NON-GMO | NO PALM OIL | MADE IN THE UK

Amazing tasting cookies that happen to be free-from

CHOCOLATE CHIP GF

DOUBLE CHOCOLATE GF

CHUNKY OAT CHOCOLATE CHIP V GF

MATCHA & WHITE CHOCOLATE GF

MIXED CASE AVAILABLE

- PREHEAT oven to 180°C (140°C in fan assisted ovens) (Gas Mark 5).
- REMOVE Doughlicious dough (chilled or frozen) from all packaging. Place the dough balls 7cm apart on a baking tray lined with baking paper.
- BAKE 12-14 minutes (8-12 mins in fan assisted ovens) or until Desired texture - gooey or crispy!

contact@doughlicious.co.uk www.doughlicious.co.uk @doughlicious_dough

NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

AVAILABLE NOW

A deliciously tart & refreshing kombucha that champions taste

No sweeteners, no pasteurisation and no compromises

High in friendly bacteria & naturally low in sugar

Expertly brewed by Louise Avery in Suffolk

Louise Avery
LOUISE AVERY

L.A BREWERY KOMBUCHA

Name	Stock/Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
LA Brewery						
Kombucha						
Ginger Kombucha - NEW	S	LAK/001	6 x 300ml	case	11.04*	10.49*
Strawberry & Black Pepper Kombucha - NEW	S	LAK/002	6 x 300ml	case	11.04*	10.49*
Lemongrass Kombucha - NEW	S	LAK/003	6 x 300ml	case	11.04*	10.49*
Citrus Hops Kombucha - NEW	S	LAK/004	6 x 300ml	case	11.04*	10.49*



NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS NEW SUPPLIERS

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RANNOCH SMOKERY

EXPERIENCE THE TASTE OF SCOTLAND'S NATURAL LARDER

Our range of delicious, uncomplicated food is expertly crafted by people with passion and time to care. We are well-established smokers of meat, game and fish and use only the best quality ingredients to create an unrivalled taste.



WWW.RANNOCHSMOKERY.CO.UK

NEW

RANNOCH SMOKERY

Name	Stock/ Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
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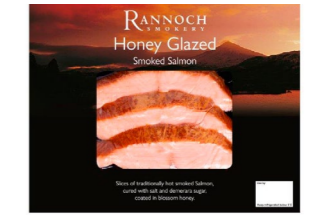
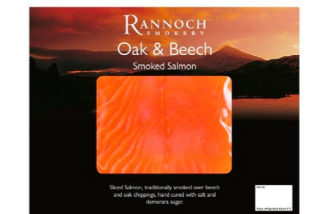
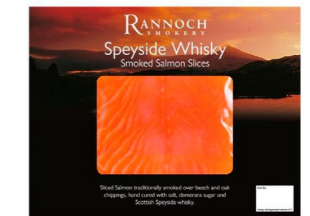
Rannoch

Smoked Meat & Game

Smoked Duck Sliced - NEW	S	RSM/040	1 x 100g	single	3.28	3.12
Smoked Venison Sliced - NEW	S	RSM/041	1 x 100g	single	3.42	3.25
Smoked Beef Sliced - NEW	S	RSM/042	1 x 100g	single	3.12	2.96
Smoked Chicken Sliced - NEW	S	RSM/043	1 x 145g	single	3.03	2.88

Smoked Salmon

Hot Smoked Salmon Honey Roast Sliced - NEW	PO	RSM/044	1 x 80g	single	3.30	3.14
Hot Smoked Salmon Mustard & Pepper Sliced - NEW	PO	RSM/045	1 x 80g	single	3.30	3.14
Dry Cure Cold Smoked Oak & Beach Salmon Sliced - NEW	S	RSM/046	1 x 80g	single	3.20	3.04
Cold Smoked Whisky Salmon Sliced - NEW	S	RSM/047	1 x 80g	single	3.20	3.04

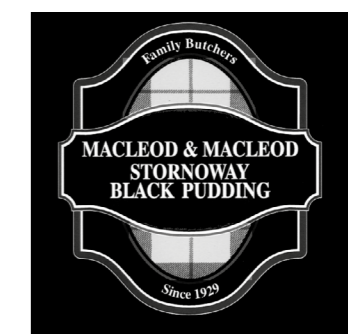


Name	Stock/ Pre Order	Code	Case Size	Selling Unit	Price	6+ Price
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Macleod and Macleod

Stornoway Black Pudding

Black Pudding 325g - NEW	S	MAM/001	1 x 325g e	single	2.65	2.52
Black Pudding 650g - NEW	S	MAM/002	1 x 650g e	single	4.50	4.28
Black Pudding 1.3kg - NEW	S	MAM/003	1 x 1.3kg e	single	7.30	6.94



NEW



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